

Weight Watchers' International Cookbook By Jean Nidetch

By Jean Nidetch

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Jean Nidetch, founder of Weight Watchers, she founded Weight Watchers International and the company released a cookbook that sold millions by 1968. Nidetch

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Jean Nidetch, New York housewife Weight Watchers International was founded in 1963. Jean Evelyn Slutsky was 7lb 3oz when she was born in Brooklyn on 12

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Press Room WEIGHT WATCHERS INTERNATIONAL, INC. 50th anniversary by dedicating its flagship center in New York City as the Weight Watchers Jean Nidetch Center,

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