

Taming Your Inner Brat: A Guide For Transforming Self-Defeating Behavior By Pauline Wallin

By Pauline Wallin

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Taming Your Inner Brat is an entertaining, yet technically well-grounded manual for understanding and gaining control of that childlike, self-centered "brat" that

Meet Your Inner Brat. Taming Your Inner Brat: A Guide for Transforming Self-Defeating Behavior (Beyond Worlds Publishing, 2001)

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a psychologist and author of Taming Your Inner Brat: A Guide for Transforming Self-defeating Behavior. with the punches, said Dr. Pauline Wallin,

Pauline Wallin's new book, Taming Your Inner Brat: A Guide for Transforming Self-Defeating Behavior, appears to be an entertaining book that provides the reader

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Taming Your Inner Brat A Guide for Transforming Self-Defeating Behavior

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