

Taming Your Inner Brat: A Guide For Transforming Self-Defeating Behavior By Pauline Wallin

By Pauline Wallin

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a psychologist and author of Taming Your Inner Brat: A Guide for Transforming Self-defeating Behavior. with the punches, said Dr. Pauline Wallin,

Author of "Taming Your Inner Brat: A Guide for Transforming Self-defeating Behavior" Word count: Pauline Wallin,

Meet Your Inner Brat. Taming Your Inner Brat: A Guide for Transforming Self-Defeating Behavior (Beyond Worlds Publishing, 2001)

THE JERK IS NEVER ME Author: Pauline Wallin, Ph.D. Author of "Taming Your Inner Brat: A Guide for Transforming Self-defeating Behavior" Word count: 558

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Your inner child, or child within, is a popular term in the so-called "recovery field" (recovery, that is, Self-Sabotage and Your "Outer Child" (Pt 4 of 5)

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