

Sleep: A Comprehensive Handbook

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A unique resource on sleep medicine Written by contemporary experts from around the world, Sleep: A Comprehensive Handbook covers the entire field of sleep medicine.

Sleep restriction is a method of curing insomnia by limiting a persons total time in bed. It is often associated with related treatments in cognitive behavioral

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From the Center for Sleep Disorders, Western Pennsylvania Hospital, Temple University School of Medicine, Pittsburgh, Pennsylvania.

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very comprehensive book, will serve as a great reference. may be a bit big for review of the board exam though.

Sleep: A Comprehensive Handbook. A unique new resource on sleep medicine Written by contemporary experts from around the world, Sleep: A Comprehensive Handbook covers

Other from JAMA Sleep A Comprehensive Handbook The American Medical Association is accredited by the Accreditation Council for Continuing Medical

Chapter 41. Evaluation of Sleep Disordered Breathing 2: Portable Sleep Monitoring. Chapter 42. Indications for Treatment of Obstructive Sleep Apnea in Adults.

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As indicated throughout this chapter, understanding sleep and sleepiness is crucial to understanding all behavior, including psychopathology. Sleep is a sensitive

May 20, 2013 The International League Against Epilepsy (ILAE) classifies the epilepsies along 2 dichotomies [1] : partial (ie, localization-related) versus generalized

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Abstract. A suite of complex electroencephalographic patterns of sleep occurs in mammals. In sleeping zebra finches, we observed slow wave

This is a unique resource on sleep medicine. Written by contemporary experts from around the world, "Sleep: A Comprehensive Handbook" covers the entire field of sleep

Well, you may want to re-state your question. There are numerous multi-cellular organisms without a nervous system. So you could say that they never sleep: sponges

Sleep: A Comprehensive Handbook begins with a brief introduction to the basic science of sleep, from neurobiology to physiologic processes.

Treating Tobacco Use and Dependence: 2008 Update U.S. Public Health Service Clinical Practice Guideline Executive Summary; The Six-Minute Walk Test

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