

# Sleep: A Comprehensive Handbook

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May 20, 2013 The International League Against Epilepsy (ILAE) classifies the epilepsies along 2 dichotomies [1] : partial (ie, localization-related) versus generalized

Well, you may want to re-state your question. There are numerous multi-cellular organisms without a nervous system. So you could say that they never sleep: sponges

Chapter 41. Evaluation of Sleep Disordered Breathing 2: Portable Sleep Monitoring. Chapter 42. Indications for Treatment of Obstructive Sleep Apnea in Adults.

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Abstract. A suite of complex electroencephalographic patterns of sleep occurs in mammals. In sleeping zebra finches, we observed slow wave

Sleep restriction is a method of curing insomnia by limiting a persons total time in bed. It is often associated with related treatments in cognitive behavioral

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Sleep: A Comprehensive Handbook begins with a brief introduction to the basic science of sleep, from neurobiology to physiologic processes.

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very comprehensive book, will serve as a great reference. may be a bit big for review of the board exam though.

As indicated throughout this chapter, understanding sleep and sleepiness is crucial to understanding all behavior, including psychopathology. Sleep is a sensitive

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The purpose of this handbook, originally published in 1984, was to provide a comprehensive review of current clinical descriptions, research , and

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