

Sleep: A Comprehensive Handbook

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Sleep restriction is a method of curing insomnia by limiting a persons total time in bed. It is often associated with related treatments in cognitive behavioral

very comprehensive book, will serve as a great reference. may be a bit big for review of the board exam though.

Sleep: A Comprehensive Handbook by Dr. Teofilo L Lee-Chiong, Jr., M.D. (Editor) starting at \$92.99. Sleep: A Comprehensive Handbook has 1 available editions to buy at

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Abstract. A suite of complex electroencephalographic patterns of sleep occurs in mammals. In sleeping zebra finches, we observed slow wave

Chapter 41. Evaluation of Sleep Disordered Breathing 2: Portable Sleep Monitoring. Chapter 42. Indications for Treatment of Obstructive Sleep Apnea in Adults.

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A unique resource on sleep medicine Written by contemporary experts from around the world, Sleep: A Comprehensive Handbook covers the entire field of sleep medicine.

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Well, you may want to re-state your question. There are numerous multi-cellular organisms without a nervous system. So you could say that they never sleep: sponges

As indicated throughout this chapter, understanding sleep and sleepiness is crucial to understanding all behavior, including psychopathology. Sleep is a sensitive

This is a unique resource on sleep medicine. Written by contemporary experts from around the world, "Sleep: A Comprehensive Handbook" covers the entire field of sleep

The purpose of this handbook, originally published in 1984, was to provide a comprehensive review of current clinical descriptions, research , and

Sleep: A Comprehensive Handbook begins with a brief introduction to the basic science of sleep, from neurobiology to physiologic processes.

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May 20, 2013 The International League Against Epilepsy (ILAE) classifies the epilepsies along 2 dichotomies [1] : partial (ie, localization-related) versus generalized

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