

# Pursuing Consciousness: The Book Of Enlightenment And Transformation By Peter Ralston

**By Peter Ralston**

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May 31, 2012 In this clip Peter Ralston Ralston talks about personal transformation. He is the  
author of "The Book of Not Knowing," a book on consciousness

Peter Ralston was raised in Asia and began studying martial arts at the age of nine. By the age  
of nineteen he was a black belt in Judo and Jujitsu (Nidan), black

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