

# Meridian Qigong: Transmitting Qi Along The Meridian By Li Ding

By Li Ding

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Li Ding is the author of Meridian Qigong (4.50 avg rating, 2 ratings, 0 reviews, published 1988), Transmitting Qi Along The Meridian (4.00 avg rating, 2

macrocosmic orbit You basically breathe along the rough outline of the meridians is another book that I haven't read called Meridian Qigong by Li Ding.

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